

Bereavement Support

Bereavement can come at an expected or unexpected time in our lives below are a few companies/charities which can offer support in different ways especially for children and families.



Guy's Gift is a Warwickshire based charity which after an initial assessment with the family will agree a support route which may include group support, 1:1 support or advice and guidance.

<https://www.guysgift.co.uk>

Tel: 0845 467 3035



Elsa-Support website offers a mix of free and paid downloadable resources to support children's wellbeing, emotional resilience and positive mental health.

<https://www.elsa-support.co.uk>

Young Minds: UK Based charity offering Mental Health support to young people and their parents. Online, telephone and messaging.

<https://www.youngminds.org.uk/>

Child Bereavement UK: Offer accessible online grief support, practical advice and guidance, messaging and telephone lines supporting children and young people up to 25.

<https://www.childbereavementuk.org/>

Telephone 0800 02 888 40 Text or Whats App 07418 341 800

E-mail: ask@childbereavement.org

<https://www.childbereavementuk.org/>

MIND: Offer telephone and online Mental Health support.

https://www.mind.org.uk/information-support/guides-to-support-and-services/bereavement/support-and-self-care/?gad_source

Barnardo's: Offer a dedicated advice line for parents and carers of children.

<https://www.barnardos.org.uk/get-support/services/child-bereavement-service-general>

Kooth: Free online space for Mental Health support with articles, videos and resources for support.

<https://explore.kooth.com/grief-collection/>

We can offer time to talk with your child in school please let us know if there is anything else we can help with.