

Monday



(v)(h) Mac 'n' Cheese (G.D)

or



(vg) Plant Power Burger (G)

or

Jacket Potatoes Every Day



(v) Cheese/Beans (D)

or



(v) Cheese (D)

Cold Option Every Day



(v) Cheddar Cheese (G.D)



Tuna Mayonnaise (F.E.G)



British Ham (G)

Week 3 Dessert Menu

Monday
(v) Strawberry Whip with Fruit (D)

Tuesday
(v)(h) Apple Cookie (G.E)
(v) Ice Cream (D)

Wednesday
(v) Pancake with Fruit (G.E.D)

Thursday
(v)(h) Jim Jam Chocolate Brownie (G.E.D)

Friday
(v)(h) Carrot & Orange Cookie (G)
(v) Jelly with Fruit

Tuesday



(h) Beef Lasagne (G.D)

or



(vg) Garden Vegetable Fingers (G)

Wednesday



Roast Chicken Fillet Yorkshire Pudding (G.E.D)

or



(v) Plant Power Toad in the Hole (G.E.D)

Thursday



Pork Hot Dog (G.SU.SB)

or



(v)(h) Vegetable Curry

Friday



Salmon Fishcake (F.G)

or



(v) Cheese & Tomato Pizza Wedge (G.D)

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, semi skimmed milk or water to drink. Some schools offer a Hydration Station instead, comprising of unlimited chilled water flavoured with fresh fruit.

Accompaniments may vary to those shown.

Pasta Options Available:
Monday - (v)(h) Tomato Pasta Bake (G.D)
Tuesday - (v)(h) Tomato Pasta Bake (G.D)
Wednesday - (v)(h) Cheesy Pasta Bake (G.D)
Thursday - (v)(h) Tomato Pasta Bake (G.D)
Friday - (h) Tuna Pasta Bake (G.D.F)

PLEASE NOTE some schools serve the cold option in a deli bag with vegetable sticks or salad, a dessert and a drink

Allergen Key

VG-Vegan,, V-Vegetarian, H-Homemade, G-Gluten/Wheat, C-Celery, S-Sesame, F-Fish, M-Mustard, SU-Sulphites, D-Dairy, E-Eggs, SB-Soyabean.

