

Monday



Park Meatballs in Tomato Sauce (G)

or



(v)(h) Vegetable Cottage Pie (G.D.SB)

Tuesday



(h) Mild Chicken Curry

or



(v) Cheese & Tomato Pizza Wedge (G.D)

Wednesday



Roast Pork, Apple Sauce

or



(vg) Quorn Roast, Apple Sauce (G)

Thursday



(v)(h) Broccoli & Sweetcorn Pasta (D.G)

or



(v) Plant Power Sausages (D)

Friday



Fish Fillet Fingers (F.G)

or



(v)(h) Cheese & Baked Bean Pasty (G.D)

Jacket Potatoes Every Day



(v) Cheese/Beans (D)

or



(v) Cheese (D)

or



Tuna Mayonnaise (F.E)

Cold Option Every Day



(v) Cheddar Cheese (G.D)



Tuna Mayonnaise (F.E.G)



British Ham (G)

Week 1 Dessert Menu

Monday

(v)(h) Honey & Ginger Cookie (G)

Tuesday

(vg)(h) Chocolate Cracknell (G)

Wednesday

(vg)(h) Jam Tart (G)

(v) Frozen Swirl Mousse (D)

Thursday

(v)(h) Eves Pudding (G.E.D)

(vanilla apple sponge cake)

Friday

(vg)(h) Flapjack (G)

(vg) Jelly with Fruit

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, semi skimmed milk or water to drink. Some schools offer a Hydration Station instead, comprising of unlimited chilled water flavoured with fresh fruit.

Accompaniments may vary to those shown.

Pasta Options Available:

- Monday - (v)(h) Tomato Pasta Bake (G.D)
- Tuesday - (v)(h) Tomato Pasta Bake (G.D)
- Wednesday - (v)(h) Cheesy Pasta Bake (G.D)
- Thursday - (v)(h) Tomato Pasta Bake (G.D)
- Friday - (h) Tuna Pasta Bake (G.D.F)

PLEASE NOTE some schools serve the cold option in a deli bag with vegetable sticks or salad, a dessert and a drink

Allergen Key

**VG-Vegan,, V-Vegetarian,
H-Homemade, G-Gluten/Wheat,
C-Celery, S-Sesame, F-Fish,
M-Mustard, SU-Sulphites, D-Dairy,
E-Eggs, SB-Soyabean.**

