



Whitestone Infant School's Digital Leaders Online Safety Leaflet

BE SMART ONLINE



S

SAFE - keep your personal information safe

M

MEET - don't meet up with anyone. Tell an adult.

A

ACCEPTING - think before you click.

R

RELIABLE - don't trust everything you read/see.

T

TELL - tell an adult if you feel unsafe/worried.



BE SMART WITH HEART
- be kind online

WWW.CHILDNET.COM

Zip It, Zip It, Zip It
Block It, Block It, Block It
Flag It, Flag It, Flag It
Zip It, Block It, Flag It



When you're surfing please take care
Personal stuff is not to share
Online things may not be true
If in doubt here's what to do.

Top tips to stay safe online at home:

- 1. Be screen-time savvy** - spending less time on screens is a good way to improve your overall well-being. Set limits and boundaries on how much time is spent using devices.
- 2. Block out negativity** - children may see things online that make them feel unhappy, unsafe, angry and upset. Filter out the content they see by using parental controls.
- 3. Fake news** - remind your children that not everything we read or see online is true. Use fact checking websites to help them to understand that they can't always trust online information.
- 4. Build digital resilience** - if mistakes are made such as being unkind to a friend online or purchasing in game extras, be understanding and use this as a learning opportunity.
- 5. Be a role model** - children look to adults as an example. Role model good online safety practices to show your them what they should be doing online.
- 6. Time to talk** - set aside time to have regular conversations with your children about what they enjoy doing online and how it makes them feel.



ZIP IT

Keep your personal stuff private and think about what you say and do online.



BLOCK IT

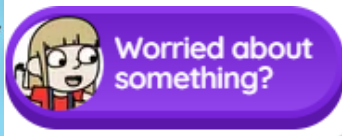
Block people who send nasty messages and don't open unknown links and attachments.



FLAG IT

Flag up with someone you trust if anything upsets you or if someone asks to meet you offline.

Welcome



BITESIZE

How can you be safe online?



[https://](https://www.bbc.co.uk/bitesize/topics/zymyqkt/articles/zym3b9q)

www.bbc.co.uk/bitesize/topics/zymyqkt/articles/zym3b9q

[https://](https://www.thinkuknow.co.uk/4_7/)

www.thinkuknow.co.uk/4_7/

Help your child become a smarter, safer and happier explorer of the online world.



Watch our short animated series and explore fun family activities

https://beinternetlegends.withgoogle.com/en_uk/parents/

Useful websites /information

Keeping children safe online

We all have a part to play in keeping children safe online. Find out how with our online safety guides.

<https://swgfl.org.uk/services/swiggle/>

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/>

<https://www.internetmatters.org/>

<https://www.safewise.com/resources/internet-safety-kids/>

internet matters.org

Helping parents keep their children safe online

safewise

Internet Safety Guide for Kids

[https://](https://www.childnet.com/resources?for=3-7-years)

www.childnet.com/resources?for=3-7-years

Childnet Resources for all



Digiduck's Big Decision

Digiduck's Famous Friend



Detective Digiduck



Digiduck and the Magic Castle



Digiduck Saves the Day